Patient Choices for Delivery of Isoniazid Preventive Therapy (IPT)

Your health care provider has recommended that you (or your child) take medicines for latent tuberculosis (TB) infection. This treatment is called isoniazid preventive therapy, IPT for short.

You can choose among different options for picking up your medicine to make it more convenient for you. We want your treatment to fit well with your life and other commitments you have outside of receiving medical care. While you are taking IPT, we will follow and record your course and when you complete your treatment. We hope to identify the best and easiest ways for patients to receive and to finish their IPT medicines.

Treatment Options:
You will have two options for picking up your IPT medicine refills and you can switch between the two options at any time you!

Option 1: You will pick up your IPT medicine at the same place as you pick up your ART refills and return to the clinic every two or three months to check in with a doctor about any problems or symptoms you are having.

(For sites using the community nurse model)
Option 2: A community nurse will deliver the IPT refills to your house, or meet you to give you your refills at a public place near your house that you choose. This could be at church, a nearby market, a school or grocery store. You can review any symptoms or questions you have with the community nurse.

(For sites using the community support group model)
Option 2: You will be a part of a group care model with approximately five other people in your community who also take IPT. Each month one person in the group will go to the clinic and pick up everyone’s IPT refill. You will all take turns going to pick up each other’s medicine refills. You will also have an expert client assigned to your group who will help to make sure you are taking your medicine. You can also ask the expert client any questions about the medicine or any symptoms or problems you may be having.

IMPORTANT: If you have questions about your IPT medicine or this program at any time or would like to change between options of receiving your IPT refills please discuss this with your health care provider.